



Mothering matters exists to help meet the unique needs of mums with young children (newborns to pre-school & primary-aged children) who all share a desire to be the best mums they can be! **Mothering matters** is a course which seeks to encourage mums that they are not alone, and that they are doing something of incredible worth - mothering really does matter! **Mothering matters** changes lives, builds families, and helps children by helping mums be the best they can be!

The responsibility of mothering young children is exhausting as well as exhilarating, so **mothering matters** provides an opportunity for you to:

- experience 2 hours of **time-out** (with the confidence that your children are being cared for in quality child-care on site)
- enjoy some delicious **morning tea**
- develop **friendships** with other mums just like you
- learn from some input on **relevant topics** such as “*What Every Mum Needs*”, “*What Every Child Needs*”, “*Real Mums: Exploding the Myths of Motherhood*”, and “*5-Star Families*”
- participate in lively and encouraging **discussion groups**

Where? Playgroup room (back hall)
Wodonga District Baptist Church
154 Melrose Drive, Wodonga

When? Friday mornings 10am-12noon
Terms 2 & 4 (Vic)

How much? \$10 per mum each term
\$2 per child (\$5 max per family) each week for child-care

Contact: Mandy Stark Ph: 6056 1777 for more info

Come and join us and be inspired, enhanced and empowered in this magnificent season of motherhood!